

# Dr. Carl Williams, Ph.D., LCADC, CADDC, CCS



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**Dr. Williams** brings more than 40 years of clinical experience working with diverse populations across New Jersey, Pennsylvania, and Connecticut. He holds a Ph.D., is a Certified Clinical Supervisor, and is licensed in Substance Abuse Counseling in both New Jersey and Pennsylvania. Over the course of his career, he has provided care in a wide range of settings including residential and outpatient programs, community-based services, prisons, hospitals, homeless shelters, private agencies, and nonprofit organizations.

Dr. Williams has served on certification and licensure boards in New Jersey and Connecticut and has taught and mentored countless aspiring counselors, supervisors, and college students. He received advanced training in Cognitive Behavioral Therapy (CBT) under Dr. Albert Ellis, founder of Rational Emotive Behavior Therapy (REBT), and is also trained in trauma-specific interventions. His expertise has been further recognized through board service at two major treatment facilities.

A sought-after speaker and consultant, Dr. Williams has presented at numerous conferences for both public and private organizations and has contributed his expertise on statewide committees. He has also led consulting efforts for agencies pursuing state licensure and national accreditations, including CARF and The Joint Commission, providing guidance on regulatory compliance, accreditation standards, and best practices in clinical care.

In addition to his clinical and academic contributions, Dr. Williams has partnered with AFSCME Locals across New Jersey to ensure members in crisis receive the care and support they need. He has been a trusted resource for union leaders seeking guidance when a brother or sister was struggling with addiction, helping connect them to effective treatment options, counseling services, and community resources.

Throughout his career, Dr. Williams has been dedicated to advocating for individuals struggling with substance use and co-occurring mental health disorders. Known for his compassion, empathy, and client-centered approach, he emphasizes the importance of empowerment, dignity, and effective communication in the therapeutic process.

Outside of his professional work, Dr. Williams enjoys sports, mentoring emerging professionals, and spending time with his family.